

Stella  Maris



20

22

Impact Report

Cleveland's oldest and best hope for addiction recovery, taking care of your friends and family since 1948.

As we concluded 2022, we paused to reflect on our deep history here in Northeast Ohio. For the past 75-years, we have tirelessly worked to care for our friends and family on the same block where it all began. Stella Maris has always been a special campus for our clients, alumni, and staff. We're often referred to as the *Campus of Hope*. It's not uncommon to meet people who thank us for taking care of their parents or grandparents.

Our dedicated staff continue to serve on the front-line of a drug epidemic that isn't slowing down. Stella Maris, being well regarded in the community for the last 75 years, is a testament to our staff showing up to care for those in need day-in and day-out. The Stella Maris team possesses a profound commitment and selfless dedication to every person that walks through our doors through each step of their recovery.

We are deeply grateful to the ADAMHS Board, the foundation community, and to our donors who have financially supported us, and to our public officials, volunteers and community members who continue to show up in support.

For three-quarters of a century, we have been honored to serve those in our community with treatment, safety, comfort and support. Since 1948, we have reunited families and returned people to work and to their communities. As we move forward, we remain steadfast in our commitment to provide safe, transformational care to anyone regardless of their race, religion, how they identify, or their ability to pay.



On behalf of our Board of Directors, staff and clients, please accept our gratitude for your continued support.

- Daniel Lettenberger-Klein, CEO

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Michael Wise

EMERITUS

William Denihan (deceased)
Michael J. Gallagher

Impact

Stella Maris believes that **recovery is for everyone** and provides care to every community throughout Greater Cleveland serving primarily Cuyahoga County residents. We also serve a significant number of clients from Erie, Lake, Lorain, Geauga, Medina, and Summit counties.

Total Individuals Treated: 3,821

| | |
|----------------------------------|-------|
| Withdrawal Management (Detox) | 1,092 |
| Residential for identified males | 177 |
| Partial Hospitalization | 350 |
| Intensive Outpatient | 649 |
| Housing | 384 |
| Other Outpatient | 1,169 |

Outcomes

Stella Maris's continuum of treatment supports individuals on their path to recovery and helps them achieve **results that regularly surpass industry standards on average by 30% across all levels of care**. Stella Maris's most recent outcomes show:



Financials

| | |
|-------------------------------|------------|
| Assets | 14,088,403 |
| Total Liabilities | 2,560,449 |
| Net Assets or fund balances | 11,527,954 |
| Revenues & Support | |
| Contributions and grants | 4,818,009 |
| Program Service Revenue | 5,032,620 |
| Other | (86,640) |
| Total Revenues | 9,763,989 |
| Expenditures | |
| Program Expenses | 8,057,066 |
| Management & General | 1,229,877 |
| Fundraising Expenditures | 219,325 |
| Total Expenditures | 9,506,268 |

2022 Highlights

Stella Maris Coffee Shop Reopened in March

This "Coffee Shop with a Purpose" serves as a safe, sober meeting place for those who are in recovery and is open to the general public daily from 7:00 a.m. – 9:00 p.m. Free parking and Wifi are available.

Stella Maris Alumni Association Launched in November

Its mission is to provide encouragement, sober support, and hope, while helping individuals to maintain connection through healthy and fun activities. The group meets the first Thursday of each month from 5:30 – 6:30 p.m. in the PHP Group Room in the Madden Building, located at 1320 Washington Avenue, Cleveland, OH.

More information stellamariscleveland.com



12-Step Meetings Return

26+ community recovery meetings returned to the 120-seat Coffee Shop Auditorium, bringing an additional 1,500 non-clients to campus every week.



Schedules on stellamariscleveland.com



Stella Fest

Saturday, September 24, 2022, Stella Maris hosted its inaugural Stella Fest, a family-friendly community event that raised awareness and \$132,000 to support Stella Maris' mission, programs and services. Over 400 people gathered on the Stella Maris campus to enjoy the inspiration of Regina Brett, the cool reggae music of Carlos Jones & the P.L.U.S. Band, and a fabulous clambake by Catanese Classics. We are especially grateful to Huntington National Bank for stepping in as our Presenting Sponsor and to the dozens of additional corporate and individual sponsors who helped to make the event a huge success!



stellamariscleveland.com/stellafest

HOST COMMITTEE 2022

Dwight Clark, Chair
Richard Bialosky
Mike Bowen
Bob Brandon
Rick and Wendy Doody
Molly Drake
Sue Gragel and Tom Goecke
Justin Herdman
Annie Hubbard
Daniel and Cassandra Lettenberger-Klein
George Latcheran
Aaron Marks and Rebecca Pelfrey
Timothy L. McErlean
Carole and John Negus
Daniela Paez and Margaret Strauchon
Patrick and Mary Quinn
Susan O. Scheutzow
John and Erin Wagner
Tom Wasson
Phyllis Webb
Mike and Karen Wise
Oliver and Laura Zeltner



Increased Ways to Donate

STELLA 365 MONTHLY PROGRAM

Monthly donors provide critical funding to continue the life-saving and life-changing programs and services that benefit our friends and family members across the region.

THE DAVID G. WEINBERGER BENEVOLENT FUND

Established by David's family, this fund is used to provide the men in Stella Maris' supportive housing with OTC medications, bus passes, toiletries, clothing, shoes and other necessary items they need as they continue to work towards independent lives free of substances.



CREATE A FUND IN HONOR OF YOUR LOVED ONE stellamariscleveland.com/donate



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STAY CONNECTED

With our new website we can stay connected in all kinds of ways, check our calendar of events, make a donation, get more info or get involved.

stellamariscleveland.com



LGBTQ+ Track celebrated its 2nd Anniversary

The LGBTQ+ track involves screening for LGBTQ+ specific services upon admission. Clients are followed through the continuum of care by the LGBTQ+ counselor and may participate in the dedicated Intensive Outpatient Program. The dedicated LGBTQ+ IOP program increased in census from a very small group of 2-3 participants early in the year to a consistent average of 8 in the last 2 months of the year. We have had an increase in transgender clients residing in supportive housing and participating in treatment.



Expanded Specialty Support Services

TRAUMA THERAPY: While not everyone who experiences trauma develops a substance use disorder, almost everyone who has been diagnosed with a substance use disorder has a trauma history.

Stella Maris' Specialty Services department is a voluntary program for clients who want to implement trauma recovery into their healing journey. Specialty Services counselors at Stella Maris are trained in Expressive Art and Somatic movement interventions, EMDR, Animal Assisted Interventions and other trauma-informed approaches that assist clients with safely processing trauma. Our goal is to help our clients live a healthy lifestyle that contributes to the wellness of Cleveland's recovery community.



ART THERAPY: Art therapy is a powerful and effective treatment for individuals seeking recovery from trauma and substance use disorders. Through the use of creative expression, images become the language of the psyche, allowing clients to express themselves in a way that words cannot. By creating visual representations of their thoughts and feelings, clients can access and explore parts of themselves that may be difficult to articulate.

Art therapy also fosters a sense of empowerment, creativity, and connection, which provides a safe and supportive environment for clients to process their emotions and develop new coping skills, making it an essential tool in the journey towards recovery.