

ME-WE Family Education and Support Group Friday Schedule 2022 –2023

(The topics listed are those which will be covered in the Education Groups)

2022

December 2, 2022	Alcohol and Other Drugs: What You Should Know
December 9, 2022	Signs, Symptoms and Risk Factors
December 16, 2022	Addiction and The Family Dis-Ease
December 23, 2022	Enabling: When Helping Hurts
December 30, 2022	Boundaries vs Rules: The Things You Can and Can Not Change

2023

January 6, 2023	Understanding Treatment
January 13, 2023	Memo to Self (DVD) Part 1
January 20, 2023	Memo to Self (DVD) Part 2
January 27, 2023	Recovery and Relapse: Having a Plan
February 3, 2023	Neurobiology of Substance Use Disorder: From The Inside Out
February 10, 2023	Pleasure Unwoven (DVD) Part 1
February 17, 2023	Pleasure Unwoven (DVD) Part 2
February 24, 2023	Alcohol and Other Drugs: What You Should Know
March 3, 2023	Signs, Symptoms and Risk Factors
March 10, 2023	Addiction and The Family Dis-Ease
March 17, 2023	Enabling: When Helping Hurts
March 24, 2023	Boundaries vs Rules: The Things You Can and Can Not Change
March 31, 2023	Understanding Treatment
April 7, 2023	Memo to Self (DVD) Part 1
April 14, 2023	Memo to Self (DVD) Part 2
April 21, 2023	Recovery and Relapse: Having a Plan
April 28, 2023	NO GROUP
May 5, 2023	Neurobiology of Substance Use Disorder: From The Inside Out
May 12, 2023	Pleasure Unwoven (DVD) Part 1
May 19, 2023	Pleasure Unwoven (DVD) Part 2
May 26, 2023	Alcohol and Other Drugs: What You Should Know

Topics can change without notice. Please call 216 780-3883 if you have any questions. Revised: Beginning 11-2022